



Beginner Sewing Labs with Shannon Gifford

Beginner Sewing Lab 101

"Before You Cut"



Class Outline

Setting up your sewing area

Basic tools and notions needed, and their functions

Choosing your project

Reading a pattern envelope Choosing the right size

Determining good basic designs for beginning sewing

Fabric

Choosing the right fabric for the project Basic properties of basic fabrics Pretreatment

Notions Notions

Types of notions (basic) used in most projects and why they are needed

Interfacings

Why we use interfacing How to choose the right product for the project

Making your pattern fit (part one)

Taking measurements

Making calculations to correct the fit

Making your pattern fit (part two)

A few basic alterations to the pattern



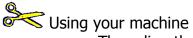




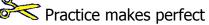
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Threading the machine
Machine maintenance
How to thread a bobbin
Choosing needles
Testing the stitches



Exercises for learning to stitch straight lines, curves, turn corners, and backstitching.



Make a storyboard for your project, to be kept in a sewing notebook. Include a swatch of your pretreated fabric, the number of your pattern, the cost of your project, etc. A worksheet will be provided.