



Beginner Sewing Lab 101

"Before You Cut" 

Class Outline



Setting up your sewing area

Basic tools and notions needed, and their functions



Choosing your project

Reading a pattern envelope

Choosing the right size

Determining good basic designs for beginning sewing



Fabric

Choosing the right fabric for the project

Basic properties of basic fabrics

Pretreatment



Notions

Types of notions (basic) used in most projects and why they are needed



Interfacings

Why we use interfacing

How to choose the right product for the project



Making your pattern fit (part one)

Taking measurements

Making calculations to correct the fit



Making your pattern fit (part two)

A few basic alterations to the pattern



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Using your machine

- Threading the machine
- Machine maintenance
- How to thread a bobbin
- Choosing needles
- Testing the stitches



Practice makes perfect

Exercises for learning to stitch straight lines, curves, turn corners, and backstitching.



Homework

Make a storyboard for your project, to be kept in a sewing notebook. Include a swatch of your pretreated fabric, the number of your pattern, the cost of your project, etc. A worksheet will be provided.

